

Answer YES or NO to the following statements regarding your relationship with your significant other. Write down your response for each and record the indicated numeric score.

- We regularly make plans to be together. Answer: (If answer is YES, give your relationship 3 points) (If answer is NO, give your relationship 1 point)
- We enjoy many of the same activities and entertainment. Answer: (If answer is YES, give your relationship 2 points) (If answer is NO, give your relationship 1 point)
- We usually agree about our finances, budget and spending decisions. Answer: (If answer is YES, give your relationship 2 points) (If answer is NO, give your relationship 0 points)
- 4. I am comfortable discussing my worries and drams with my partner. Answer: (If answer is YES, give your relationship 3 points) (If answer is NO, give your relationship 1 point)
- 5. I believe my partner is usually comfortable sharing his or her worries and dreams with me Answer:
 (If answer is YES, give your relationship 3 points)
 (If answer is NO, give your relationship 1 point)
- There are aspects of our relationship that are too difficult to talk about. Answer: (If answer is YES, give your relationship 0 point) (If answer is NO, give your relationship 2 points)
- I am satisfied with the amount of affection and intimacy in our relationship. Answer: (If answer is YES, give your relationship 3 points) (If answer is NO, give your relationship 0 point)
- Our differing needs regarding affection and intimacy causes strain on our relationship. Answer: (If answer is YES, give your relationship 1 point) (If answer is NO, give your relationship 3 points)
- We have similar values, morals and religious beliefs. Answer: (If answer is YES, give your relationship 3 points) (If answer is NO, give your relationship 1 point)
- 10. We have similar beliefs about how to raise children. Answer: (If answer is YES, give your relationship 2 points) (If answer is NO, give your relationship 1 point)

TOTAL:_____



Relationship Questionnaire

<u>Results</u>

20-26: your score suggests that you and your partner share a high level of compatibility, communication and commitment to your relationship. Keep on doing what you are doing. **But if this is an area of concern to you, you might want to contact us for guidance.**

13-19: your score suggests that there are some issues and areas of your life where you are not on the same age with your partner. Look at the specific items where you are least compatible and work on improving these areas of your relationship. For additional help, contact us for your free consultation.

7-12: your score suggests that there are several areas of conflict in your relationship. Areas of intimacy, finance and communication are often the most difficult issues for most couples to deal with. **The good news is there is help available to those who want it, contact us today for your free consultation**.